



Studio News



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Hello from Sherry

"A Little History of Tap Dance"

It is a product of America, it bears the mark of every immigrant and colonist who set foot on our shores. It is black, white, red, yellow, tan and rose from a huge melting pot of ideas, customs, music and styles. With the exception of Spanish dance, it is the only field that incorporates the element of sound - it is TAP. Tap dancing rose from the vernacular, social and recreational dance of the day, later, from the jazz music and eventually, from the jazz steps that were created to that music. When sound was added to dance movement, word designations were attached to the number of sounds that were produced; thus, a Step 'became known as a One, (1); Shuffle, a Two, (2), a Shuffle Step, a Three, (3) etc. Sometimes, the names of steps stemmed from the action of the foot or leg such as a Slap, Stamp, and Brush or from the part of the foot executing the movement, such as Toe or Heel, yet other terms were reminiscent of well known sounds like Drumroll or Riff. The Time Step received its name from its tempo setting abilities, while the Wing originated from the flapping and swinging actions of the arms. The Waltz Clog from the combining of the $\frac{3}{4}$ waltz tempo and a type of dance - the clog; the 'Buffalo' and 'Cincinnati' from the cities of their origins, and the 'Maxie Ford' and the 'Bojangles Break' from their creators. From its simplistic beginnings, the field of tap has expanded, flourished and received the American "stamp of approval". Today, it has exceeded the boundaries of this country and is being taught and performed in many other areas of the world. Remember, there are no new steps - only fresh combinations of the old ones, which, in their modern dress of different timing and varied movements, assume an original role.

Sherry

DANCE YOUR WAY TO HEALTH!

Articles in magazines and newspapers stress movement for all ages to keep healthy and agile in all walks of life. They all agree to this fact: keep moving and you'll live longer. Yet, despite the fact that the core - the term refers to the area from our neck to our hips - is the foundation from which all movement and energy originate, that it supports our spine and forms our center of gravity, we take our core for granted. Core conditioning can improve your balance, athletic performance, posture and coordination. It can help you perform the activities of daily living, not to mention help prevent joint and muscle injury. Dance is cited as a great conditioning program. For older and special populations, it is critical to have a stable core, particularly for the activities of daily living. Don't wait any longer! Start dancing today!!





I know things will be different when you return for your September classes but remember, we are still DANCE WITH SHERRY STUDIO!

Classes scheduled are as follows:

Wed. 11:00am Broadway Song & Dance
5:15pm Kid's Tap, Level 2, ages 10-14
Thurs. 11:00am Adult Tap, Level 1

Fri. 4:00pm Musical Theatre, ages 8-13
Sat. 10:00am Performance Team, ages 14-18

Private lessons are available. For more information call 415-722-8244



A STAR IS BORN!

Does your child want to be on Broadway? Does your child love performing in school plays? Then the Friday Musical Theater class is for you! This class will give children an opportunity to explore the acting world in a non-competitive atmosphere. Classes will include various "theater games" based on who, what, where themes including skits, grades an improvisations.

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FYI: Yearly Schedule of Holidays

Jan. 1st
Feb. President's Day (we are open for all ski weeks!)
Mar. -0-
Apr. -0-
May Memorial Day
June -0-
July – Independence Day
Aug. Last 2 weeks of Aug.
Sept. – Labor Day
Oct. -0-
Nov. Thanksgiving weekend
Dec. holiday weeks

JUST FOR FUN
Love your Enemies.
It will drive them nuts!

**TWELVE QUESTIONS . . . WITHOUT
ANSWERS**

1. If a fork was made of gold would it still be considered silverware?
2. What happens if you put "this side up" face down while popping microwave popcorn?
3. Why is that when the things get wet they get darker, even though water is clear?
4. Why are people so scared of mice, yet we all love Mickey Mouse?
5. In that song "She'll be coming around the Mountain," who is she?
6. Aren't the "good things that come to those who wait" just the leftovers from the people that got there first?
7. When French people swear do they say "Pardon my English?"
8. If the sky is the limit, then what is space? Over the limit?
9. How come French Fries are not considered vegetables, since they are just deep fried potatoes?
10. What was Captain Hook's name before he had a hook for a hand?
11. Is it possible to be allergic to water?
12. Why do people say "The alarm just went off" when really it just came on?

